

Mental Health America of Indiana

Stanley W. DeKemper
Training Institute

ANNUAL PERFORMANCE REPORT

2025-2026

Contents

Executive Summary 4

Overall Training Data: 4

Training Information and Data: 5

MHAI Annual symposium 5

Clinical Treatment: 6

Addiction Counseling Competencies 6

Alcohol in Underserved Communities 6

Evidence-Based Practices 6

MAT Training (3-day) 7

MAT Continuing Education 7

Psychopharm of Addiction 7

Understanding Science of Addiction 8

Recovery Support: 9

Avoiding Burnout: An Ethical Imperative 9

Building Financially Sustainable Peer Recovery Org's-Apply What You Learned 10

Documentation: Why it Matters 10

Documentation: If It's Not Documented, Did It Even Happen? 11

HIV Education & Risk Reduction 11

Professionalism 2 Building A Resource Toolkit webinar 11

Professionalism In Digital and In Person Webinar 12

Recovery Advocacy A Moment and Way of Being 12

Recovery Planning and Documentation 13

Recovery Support Fundamentals 13

Recovery Support Fundamentals-Train the Trainer 13

Recovery Support Supervision Fundamentals 14

Rolling With Resistance Webinar 14

The Indiana Recovery Infrastructure Webinar 15

Working With Justice Involved Populations Webinar 15

Stages of Change 3_4 Blended with Motivational Interviewing webinar 16

Ethics: *17*

Addiction Counselor Ethics 17

Recovery Support Ethics 18

Recovery Support Ethics Train the Trainer 18

Leadership: *19*

Behavioral Health Leadership Focus Group 19

Building Financially Sustainable PRO's Grant Writing 20

Caring with Crashing Avoid Burnout 20

Connecting with Different Learning Styles 21

The Leader Within Developing the Skills to Support our Professional Growth 21

Suicide Prevention: *22*

Alternatives to Suicide 22

Collaborative Assessment & Management of Suicidality (CAMS) 23

Stop Suicide 24

End Summary *25*

Executive Summary

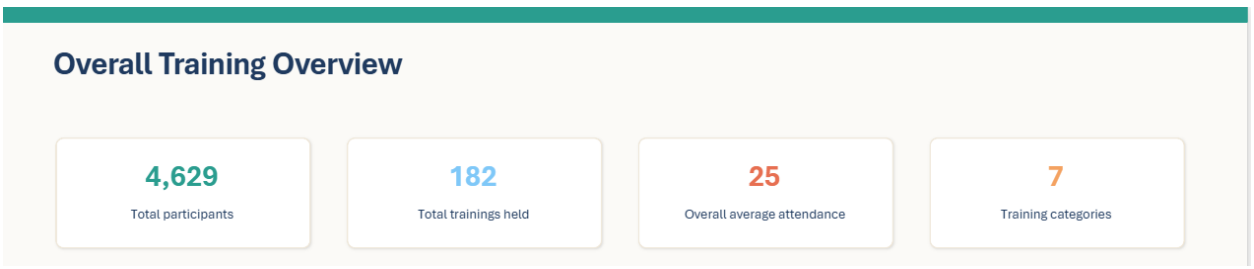
The MHAI Stanley W. DeKemper Training Institute focuses on providing quality education for behavioral health professionals and the community. The Training Institute works tirelessly to ensure that the education provided meets the standards and competencies required for aspiring and current behavioral health professionals, to maximize the outcomes for the populations they serve.

Training Institute education courses are delivered by subject matter experts in their respected fields and are based upon current practices and studies. Courses can be delivered in-person, online, and on-site. The curriculum is available in modalities that support all student needs, through instructor-led or on-demand independent learning. Many of the events and courses provide Indiana state statute recognized continuing education units (CEUs) that meet requirements to earn and/or maintain behavioral health certification and licensure.

This report summarizes participation and training totals across subject areas from July 1st, 2025, to June 30th, 2026. These subjects include Clinical/Treatment, Recovery, Treatment and Recovery, Mental Health, Ethics, Suicide Prevention, and Leadership/Professional Development training. A total of 4,629 participants attended 182 sessions for this current year. The strongest average attendance among training categories was observed in Suicide Prevention and Recovery focused training, while the MHAI Annual Symposium drew 543 participants in one session.

Overall Training Data:

Training Categories:	Total Participants:	Total Trainings Held:	Total Average Attendance:
Clinical/Treatment Trainings:	651	36	18
Recovery Training:	2,103	80	25
Treatment and Recovery Training:	257	10	26
Ethics Training:	610	35	17
Suicide Prevention Training:	367	10	37
Leadership Trainings	98	10	10
MHAI Annual Symposium:	543	1	543





Training Information and Data:

MHAI Annual symposium

Number of CEUs Offered: 1 CEU per session attended

Description:

The Indiana Mental Health and Addiction Symposium is a premier annual event bringing together hundreds of Hoosier mental health professionals, advocates, and community leaders for a day of connection, education, and collaboration.

The 2025 conference theme, “Innovation to Implementation: Supporting Hoosiers,” highlighted the importance of transforming new ideas, research, and emerging practices into meaningful solutions that strengthen behavioral health services across Indiana. Through engaging sessions, networking opportunities, and shared expertise, attendees explored innovative approaches to addressing challenges, improving access to care, and supporting the mental health and well-being of individuals and communities throughout the state.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
MHAI Annual symposium	Various	543	1	543

Clinical Treatment:

Addiction Counseling Competencies

Category: Treatment

Number of CEU's Offered: 6 hours

Description:

Training is designed to familiarize the participant with the eight practice dimensions necessary for effective performance as an addiction counselor: clinical evaluation; treatment planning; referral; service coordination; counseling; client, family and community education; documentation; and professional and ethical responsibilities. These dimensions along with their associated 12 core competencies, as defined by the Substance Abuse and Mental Health Services Administration (SAMHSA), are the established national standards for addiction counseling practice. These standards are also utilized by state and national addictions counselor certification/license examinations. In this course, the student will develop entry level knowledge and skills across the eight practice dimensions that will help ready them to enter the addictions counseling field.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Addiction Counseling Competencies	Treatment	30	2	16

Alcohol in Underserved Communities

Category: Treatment

Number of CEU's Offered: 2 hours

Description:

Alcohol in Underserved Communities: The Impacts on Health and Mental Health, explores how alcohol-related harms can affect communities differently based on factors such as environment, access, and available resources. Participants will gain a better understanding of the relationship between alcohol use, health disparities, and mental health outcomes while identifying strategies to reduce alcohol-related harms and support healthier communities.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Alcohol in Underserved Communities	Ethics, Treatment	4	1	4

Evidence-Based Practices

Category: Treatment

Number of CEU's Offered: 6 hours

Description:

This course will familiarize participants with SAMHSA's Evidence-Based Practices (EBP) addiction resources and afford the participant opportunities to examine several addiction EBPs and assess the clinical application of these EBPs.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Evidence-Based Practices	Ethics, Treatment	33	3	11

MAT Training (3-day)

Category: Treatment

Number of CEU's Offered: 18 hours

Description:

Description: This three-day interactive training provides participants with a detailed understanding of medication used to assist with substance use disorders. 35 hours of distance (on-line) learning is a component of this course that is provided with admission purchase. It is highly encouraged this distance learning be completed prior to the 'live' training.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
MAT Training (3-day)	Ethics, Treatment	150	11	13.6

MAT Continuing Education

Category: Treatment

Number of CEU's Offered: 2 hours

Description:

These various courses meet the education hours required for the ICAADA MATS continuing education but is not a substitute for the MATS training required to obtain the credential.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
MAT Continuing Education	Ethics, Treatment	10	2	5

Psychopharmacology of Addiction

Category: Treatment

Number of CEU's Offered: 6 hours

Description:

This course will provide the learner with an introductory knowledge on the psychopharmacology of substance use disorders through online interactive learning experiences. In addition to the learning objectives, attendees will explore how the information shared in each learning module directly impacts their current professional role, as well as how gaining basic knowledge in the psychopharmacology of substance use disorder helps them to provide effective services to the individuals and their families.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Psychopharm of Addiction	Ethics, Treatment	29	2	14.5

Understanding Science of Addiction

Category: Treatment

Number of CEU's Offered: 6 hours

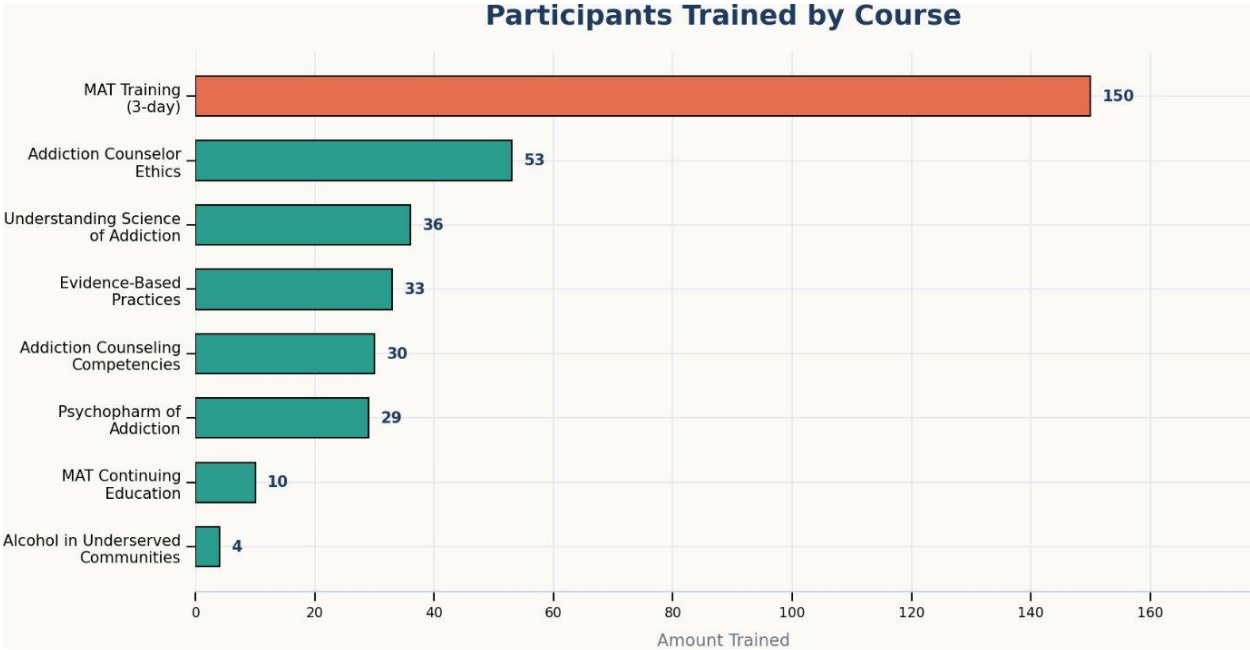
Description:

Participants will consider addictions and case examples from a variety of theoretical perspectives. Science-based approaches to addiction treatment and recovery will be highlighted and explored. This course will examine addictions from biological, psychological, social, and spiritual domains. Additionally, individual, family, and cultural perspectives will be explored.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Understanding Science of Addiction	Ethics, Treatment	36	4	9

Overall Clinical Training Data:





Recovery Support:

Avoiding Burnout: An Ethical Imperative

Category: Recovery

Number of CEU's Offered: 2 hours

Description: Recovery Support Professionals are called to care for individuals with increasingly diverse backgrounds during vulnerable moments when gaining trust is imperative. Simultaneously, implicit or unconscious biases are omnipresent. Guidance for Recovery Support Professionals in addressing and

curtailing implicit biases is a necessity to preserve provider resiliency while providing high-value, person-centered care.

This Professional Development session introduces the 5Rs of Cultural Humility (5Rs) and the 8 Dimensions of Wellness as coaching tools available to all Recovery Support Professionals including Supervisors and Administrators. These tools bring awareness to the reality that everyone has implicit biases and provide a platform to address these biases through the use of cultural humility, mindfulness, compassion, and self-care.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Avoiding Burnout-An Ethical Imperative	Recovery	16	2	8

Building Financially Sustainable Peer Recovery Org's-Apply What You Learned

Category: Recovery

Number of CEU's Offered: 1.5 hours

Description:

This engaging virtual series is designed to help peer recovery organizations diversify their funding sources and increase financial sustainability.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Building Financially Sustainable Peer Recovery Org's-Apply What You Learned	Recovery	12	2	6

Documentation: Why it Matters

Category: Recovery

Number of CEU's Offered: 2 hours

Description: Effective documentation is one of the most essential skills employers look for when hiring peer support professionals. This training will explore the importance of accurate, timely, and person-centered documentation practices while providing participants with the knowledge and tools needed to strengthen their documentation skills and support quality service delivery.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance

Documentation: Why it Matters	Recovery	51	3	17

Documentation: If It's Not Documented, Did It Even Happen?

Category: Recovery

Number of CEU's Offered: 2 hours

Description: Documentation is one of the most concerned skills that an employer looks for when interviewing new potential peer support professionals.

Documentation is an important skill and asset to both the organization that employs recovery support professionals and those receiving services. Documentation is also another way we advocate for our recoverees. We will explore different options for documentation and practice sessions.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Documentation: If It's Not Documented, Did It Even Happen?	Recovery	45	2	22.5

HIV Education & Risk Reduction

Category: Treatment, Recovery

Number of CEU's Offered: 6 hours

Description:

Training assist addiction professionals in helping their clients identify "high risk" activities/lifestyles that may increase the risk of exposure to HIV and/or the risk of transmitting HIV to others. The goal of this training is to improve the ability of addiction professionals in a variety of settings to support individuals in making behavior changes that will reduce their risk of acquiring and/or transmitting HIV as well as other health related conditions such as Hepatitis C.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
HIV Education & Risk Reduction	Treatment, Recovery	100	5	20

Professionalism 2 Building A Resource Toolkit webinar

Category: Recovery

Number of CEU's Offered: 2 hours

Description:

Identify tools to support creating a resource toolkit and identify strategies for utilizing resource toolkits in daily workflows. We will define collaboration and explore how collaborative efforts amongst community organizations benefit the communities in which they serve.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Professionalism 2 Building A Resource Toolkit webinar	Recovery	76	2	38

Professionalism In Digital and In Person Webinar

Category: Recovery

Number of CEU's Offered: 2 hours

Description:

This topic focuses on professionalism in digital and in-person environments. We will explore essential skills and strategies to maintain professionalism, understand differences between both contexts, navigate professional landscapes, and apply learnings in real life.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Professionalism In Digital and in Person Webinar	Recovery	98	3	32

Recovery Advocacy A Moment and Way of Being

Category: Recovery

Number of CEU's Offered: 2 hours

Description:

Discuss how recovery advocacy promotes emerging research in the field and how it also celebrates connections between members of the recovery community and the service providers. Advocates are recovery professionals who help guide individuals along the path towards wellness. This includes the recovery advocacy movement. In this session, we want to take an in-depth look at what it means to be a recovery advocate.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance

Recovery Advocacy A Moment and Way of Being	Recovery	60	2	30

Recovery Planning and Documentation

Category: Recovery

Number of CEU's Offered: 2 hours

Description:

This conversation will focus on creating a personal, written recovery plan that includes detailed, structured plan ideas to stay on track for one's recovery goals. This workshop will look at integrating recovery capital consideration of social determinants of health and community to the plan. Different templates and models will also be explored in this session that will assist in creating a plan that builds confidence, boosts self-esteem, promotes discipline, and encourages healthy living.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Recovery Planning and Documentation	Recovery	127	3	42

Recovery Support Fundamentals

Category: Recovery

Number of CEU's Offered: 35 hours

Description:

Recovery Support Fundamentals: A Foundational Skills Based Approach is an immersive and interactive exploration of what it means to provide person-centered, ethical, and professional recovery support in addictive, mental health, and crisis related situations. Skills such as motivational interviewing, supporting multiple pathways of recovery/wellness, providing culturally responsive services, and other skills will be explored and discussed. Join us to learn the fundamental skills to become an effective and supportive recovery support professional.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Recovery Support Fundamentals	Recovery	464	26	18

Recovery Support Fundamentals-Train the Trainer

Category: Recovery

Number of CEU's Offered: 0 hours

Description:

This course covers the fundamentals of being a successful trainer for the Recovery Support Fundamentals Course.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Recovery Support Fundamentals-train the trainer	Recovery	10	1	10

Recovery Support Supervision Fundamentals

Category: Recovery

Number of CEU's Offered: 14 hours

Description:

Recovery Support Supervision fundamentals is a two-day exploration of the skills and knowledge required to provide supportive, and ethical leadership to recovery support professionals. This includes providing strength-based, supportive leadership for a professional recovery support team. Ethical leadership is based upon a non-clinical approach to empowering the recovery support professional to provide person-centered support.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Recovery Support Supervision Fundamentals	Recovery	70	4	18

Rolling With Resistance Webinar

Category: Recovery

Number of CEU's Offered: 2 hours

Description: Explore the Stages of Change model and its application for human service providers. We delve into the various stages individuals go through when making behavioral changes. Through interactive sessions and peer-led discussions, you will gain valuable insights and practical strategies to effectively support recoverees in their journey towards positive transformations.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Rolling With Resistance Webinar	Recovery	139	3	46.3

The Indiana Recovery Infrastructure Webinar

Category: Recovery

Number of CEU's Offered: 2 hours

Description:

Explore the four basic pillars of recovery infrastructure which include Prevention, Treatment, Enforcement and Healthcare Professionals and First Responders.

Believing that Recovery is Possible and there is hope is essential to the role of Recovery Support Professionals. “Hope being the belief that challenges can be overcome—is the foundation of recovery.”

The State of Indiana shares this hope as well and it shows in the Recovery Infrastructure that is foundational services offered across all 92 counties. This state believes that substance use disorder is treatable. Knowing this and the many facets of this infrastructure will assist the Recovery Support Professional in daily work and with access to available resources.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
The Indiana Recovery Infrastructure Webinar	Recovery	70	2	35

Working With Justice Involved Populations Webinar

Category: Recovery

Number of CEU's Offered: 2 hours

Description:

This Professional Development Session will explore a focus on supporting recoverees, and their specific needs as they return to communities after engagement with the justice system.

Recovery Support Professionals provide support for recoverees during vulnerable moments, where gaining trust can sometimes be increasingly difficult, while also trying to maintain a positive and specific focus based on previous life experiences. Engagement with the justice system creates and results in specific challenges for these recoverees.

This session offers an opportunity to hear directly from individuals that have this lived experience by way of a documentary. The documentary "*From Tragedy to Triumph*" was created and filmed in 2022, as part of a Crime Reduction project. The goal of this documentary is to provide an opportunity to listen to conversations amongst individuals with this lived experience and honor their honesty as they shared not just their lives, but also possible solutions from their lived advantage.

There will be a *Talk-Back* time after the viewing and discussion around strategies for providing intentional support and services to recoverees that share similar experiences as the gentlemen in the documentary.

This session will close with information shared from and about the IRACS team, our statewide resource that specializes in support to recoverees with this experience.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Working With Justice Involved Populations Webinar	Recovery	105	3	35

Stages of Change 3_4 Blended with Motivational Interviewing webinar

Category: Recovery

Number of CEU's Offered: 2 hours

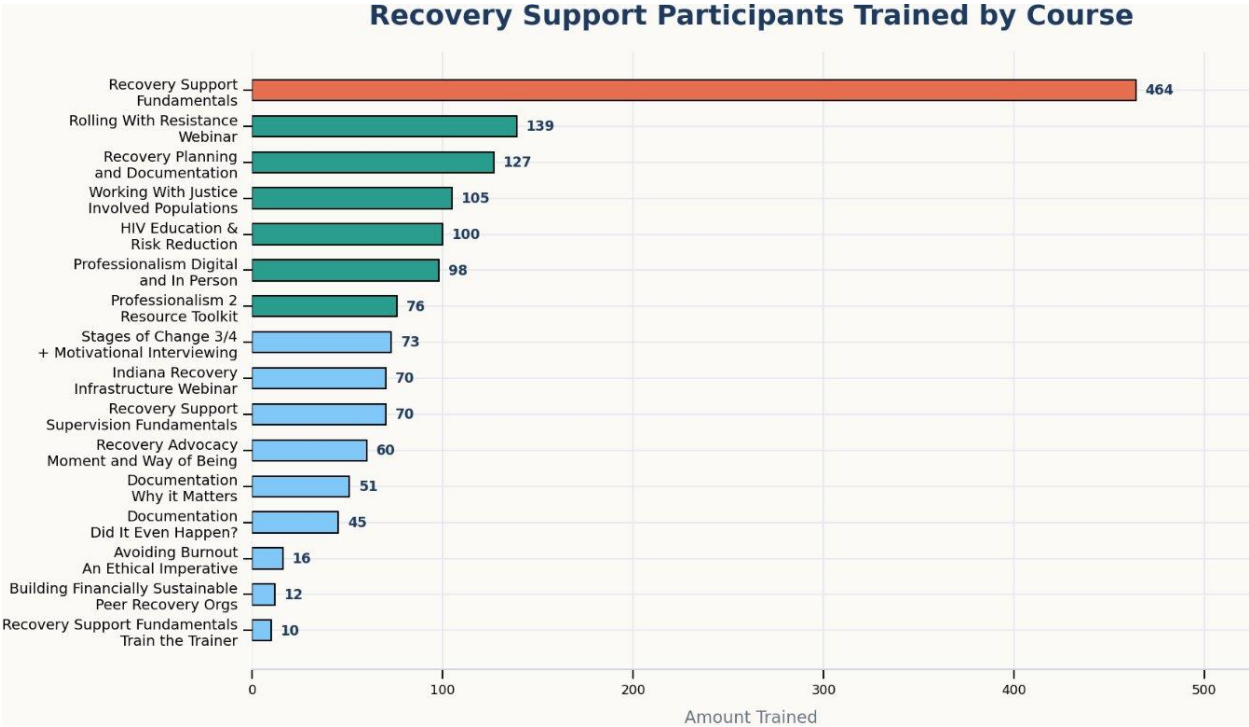
Description:

Identify preparation and action stages of change, learn to recognize change talk, learn methods to assist with planning and support action, and comprehend the importance of "any positive change" and forward progress.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Stages of Change 3_4 Blended with Motivational Interviewing webinar	Recovery	73	2	36.5

Overall Recovery Support Training Data:





Ethics:

Addiction Counselor Ethics

Category: Ethics, Treatment

Number of CEU's Offered: 6 hours

Description:

The Addiction Counseling Ethics course is designed to enable participants to explore the unique ethical dimensions and issues that a clinician may encounter in the provision of addiction treatment. The training will focus on the legal and moral issues that may surface while providing addiction treatment services. Training topics will include the definition of addiction counseling Ethics, recognized ethical standards, ethical responsibilities of addiction treatment, guidelines for ethical decision-making, and ethics of professional development for addiction services.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Addiction Counselor Ethics	Ethics, Treatment	53	4	13.2

Recovery Support Ethics

Category: Ethics, Recovery

Number of CEU's Offered: 16 hours

Description:

Recovery support ethics is a two-day, interactive discussion around the ethical domains and criteria that recovery support professionals should follow to maximize outcomes for everyone the recovery support professional supports. All participants will learn more about how to maintain ethical standards around the digital media age, boundary management and self-care. Upon completion of the course, participants will be able to maintain appropriate peer recovery ethical standards in recovery support services.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Recovery Support Ethics	Ethics , Recovery	554	29	19

Recovery Support Ethics Train the Trainer

Category: Train the Trainer/Recovery

Number of CEU's Offered: 0 hours

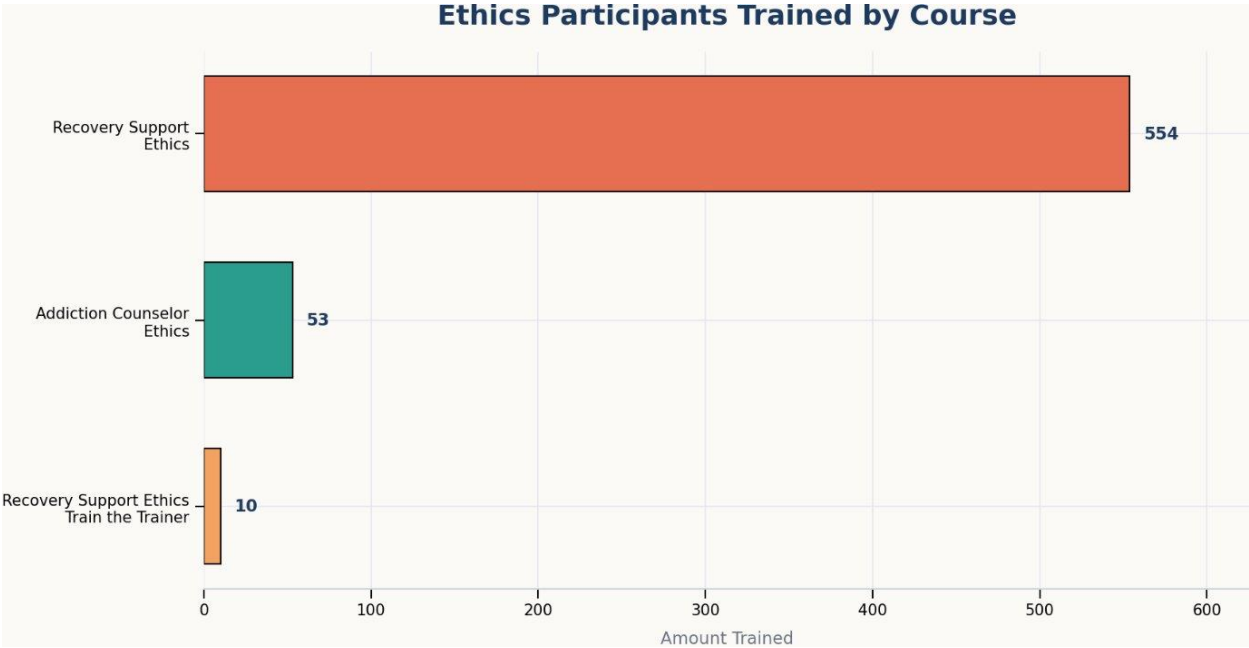
Description:

This course covers the fundamentals of being a successful trainer for the Recovery Support Ethics Course

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Recovery Support Ethics Train the Trainer	Train the Trainer, Recovery	10	1	10

Overall Ethics Training Data:





Leadership:

Behavioral Health Leadership Focus Group

Category: Ethics, Recovery

Number of CEU's Offered: 1 hour

Description:

This focus group is designed to gather insight from behavioral health leaders across mental health and substance use services. We are exploring what leadership, operations, and administrative training topics would have been most helpful early in your career—and what would be most valuable today. Your input will

directly shape future CEU-eligible leadership workshops and a potential professional certificate. This session will be interactive, fast paced, and grounded in real-world leadership experiences.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Behavioral Health Leadership Focus Group	Leadership	15	2	36.6

Building Financially Sustainable PRO's Grant Writing

Category: Train the Trainer/Recovery

Number of CEU's Offered: 1.5 hours

Description:

This is designed to help Peer Recovery Organizations (PROs) diversify funding sources and strengthen long-term financial sustainability. Participants will explore practical strategies for securing funding, building organizational capacity, communicating their impact, and developing sustainable partnerships to support long-term success.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Building Financially Sustainable PRO's Grant Writing	Leadership	16	1	16

Caring with Crashing Avoid Burnout

Category: Ethics, Recovery

Number of CEU's Offered: 3 hours

Description:

This training defines stress, burnout, and compassion fatigue and provide participants with an opportunity to improve their coping skills.

This three-hour equips mental health professionals with essential knowledge and tools to recognize, prevent, and manage compassion fatigue and burnout. Through practical insights and real-world examples, participants will better understand their emotional health, strengthen resilience, and enhance their capacity to provide high-quality care without sacrificing personal well-being.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Caring with Crashing Avoid Burnout	Leadership	26	3	7.6

Connecting with Different Learning Styles

Category: Train the Trainer/Recovery

Number of CEU's Offered: 2 hours

Description:

This 2-hour webinar helps behavioral health leaders connect quickly and effectively with different learning styles.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Connecting with Different Learning Styles	Leadership	9	1	9

The Leader Within Developing the Skills to Support our Professional Growth

Category: Train the Trainer/Recovery

Number of CEU's Offered: 2 hours

Description:

Leadership skills come in all forms and experiences. Far too often, we do not recognize the skills we have gained through our lives that foster leadership skills in the professional setting. This webinar explores what skills and motivations lie within us to assist with growing ourselves as leaders.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
The Leader Within Developing the Skills to Support our Professional Growth	Leadership	32	3	10.6

Overall Leadership Training Data:





Suicide Prevention:

Alternatives to Suicide

Category: Suicide Prevention

Number of CEU's Offered: 14 hours

Description:

Alt2Su is an alternative to risk assessment. Risk assessments move conversations about suicide in the direction of determining who will act on thoughts of suicide and how. Risk assessment questions include “Do you have a plan?” and “Do you have the means to carry out the plan”? In the Alt2Su approach, instead of focusing on predicting a person’s behavior, our dialogue focuses on why they are having thoughts of suicide. Suicide itself is not framed as the problem, but understood to be the solution of a whole host of issues, such

as rape culture, war, austerity, transphobia, etc. Conversations expand from why to also why not, meaning dialogue will often explore the reasons that people have chosen to stay in this world.

Alt2Su is an alternative to pathology. This de-medicalized approach looks beyond "chemical imbalance" or genetic explanations for suicide. Non-clinical, human experience language is used to explore the context of suicidal thoughts. For example, if someone says "I want to die because I feel worthless" instead of responding with "What pill are you taking for that?" we might ask "Did you receive this message that you are "worthless" from a person or experience in your life?" or "What makes a person worthy in your view?" or "Was there a time before you felt this way?" The conversation is about looking at what events in a person's life or prevailing social messages might be driving their thoughts, rather than searching for an internal biological problem.

Alt2Su is an alternative to coercion and force. We let go of trying to control behavior in the moment to focus on having a conversation, allowing the person to be heard and to consider what might make life more livable. An example of the current suicide prevention paradigm would be to remove musical instruments from a psychiatric unit because someone might hang themselves with a guitar string. An Alt2Su approach would let go of extreme "risk management measures" and instead use music as a tool, while focusing on having conversations (or singing songs) about the pain that makes life difficult.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Alternatives to Suicide	Suicide Prevention	15	3	7.5

Collaborative Assessment & Management of Suicidality (CAMS)

Category: Suicide Prevention

Number of CEU's Offered: 7 hours

Description:

CAMS is an evidence-based suicide-specific assessment and treatment of a client's suicidal risk designed for **clinical mental health providers only (if you are a peer support professional, please do not register).** The CAMS Framework is first and foremost a clinical philosophy of care. It is a therapeutic framework for suicide-specific assessment and treatment of a patient's suicidal risk. It is a flexible approach that can be used across theoretical orientations and disciplines for a wide range of suicidal patients across treatment settings and different treatment modalities.

The clinician and patient engage in a highly interactive assessment process, and the patient is actively involved in the development of their own treatment plan. Every session of CAMS intentionally utilizes the patient's input about what is and is not working. All assessment work in CAMS is collaborative; we seek to have the patient be a "co-author" of their own treatment plan.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance

CAMS	Suicide Prevention	183	5	26

Stop Suicide

Category: Suicide Prevention

Number of CEU's Offered: 1.5 hours-2.5 hours

Description:

Columbia Suicide Severity Rating Scale (C-SSRS) Screener:

Learn to use a free 6-item suicide screener that helps determine low, medium, or high risk and directs them to appropriate resources based on level of risk

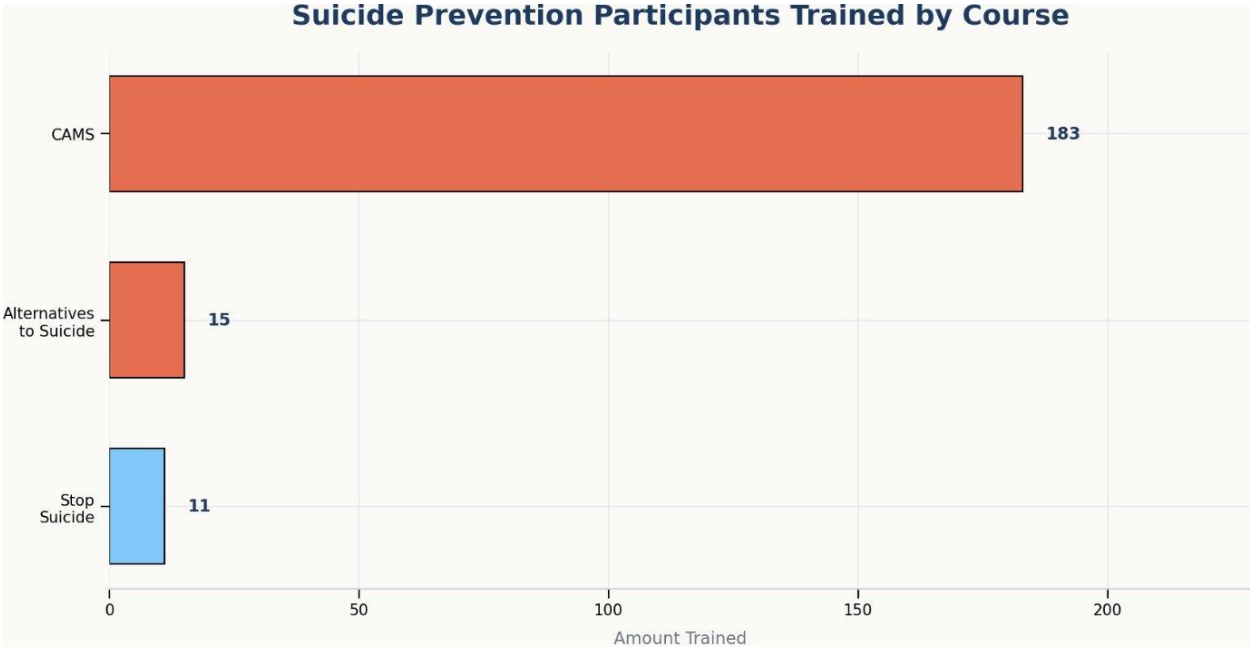
Question, Persuade, Refer (QPR):

A 2-hour basic evidence-based suicide prevention training that provides an overview of warning signs and myths vs facts and teaches 3 steps to save a life: ask the question, persuade them to get help, and refer them to support.

Data:

Course Name	Category	Amount Trained	Trainings Held	Average Attendance
Stop Suicide	Suicide Prevention	11	2	5.5

Overall Suicide Prevention Training Data:





End Summary

For the July 1, 2025, through June 30, 2026, reporting year, the Training Institute reached 4,629 participants through 182 training sessions and events, including the MHAI Annual Symposium. Recovery Training continued to be the largest area of engagement, serving 2,201 participants across 90 sessions, followed by

Clinical/Treatment Trainings with 651 participants across 36 sessions and Ethics Training with 610 participants across 35 sessions.

Across training categories, Suicide Prevention Training had the highest average attendance at 37 participants per session, demonstrating strong engagement in this area, followed by Treatment and Recovery Training with an average of 26 participants per session and Recovery Training with an average of 25 participants per session. The MHAI Annual Symposium served as a major engagement opportunity, bringing together 543 participants in a single event and contributing significantly to the Training Institute's overall reach during the reporting year.